

BASIC PRINCIPLES OF THE ARTIST'S WAY

1. **Creativity** is the natural order of life. Life is energy: pure creative energy.
2. **There is** an underlying, in-dwelling creative force infusing all of life—including ourselves.
3. **When we open ourselves** to our creativity, we open ourselves to the creator's creativity within us and our lives.
4. **We are, ourselves, creations.** And we, in turn, are meant to continue creativity by being creative ourselves.
5. **Creativity** is God's gift to us. Using our creativity is our gift back to God.
6. **The refusal** to be creative is self-will and is counter to our true nature.
7. **When we open ourselves** to exploring our creativity, we open ourselves to God: good orderly direction.
8. **As we open** our creative channel to the creator, many gentle but powerful changes are to be expected.
9. **It is safe** to open ourselves up to greater and greater creativity.
10. **Our creative dreams and yearnings** come from a divine source. As we move toward our dreams, we move toward our divinity.